THREE RULES
HOW EXCEPTIONAL COMPANIES THINK

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> PHOTOGRAPHY BY DAVID CLUGSTON
THE THREE RULES:

1. Better before cheaper: don’t compete on price, compete on value.

2. Revenue before cost: don’t drive profits by cutting cost, instead find ways to earn higher prices or higher volume.
Since 2007, Mumtaz Ahmed and Michael Raynor, with support from colleagues from within Deloitte* and beyond, have been working to identify what counts as “exceptional performance” and the behaviors that cause it.

The publication of *The Three Rules: How Exceptional Companies Think* (www.thethree-rules.com) in May 2013 is the culmination of this years-long effort and provides an opportunity to look back and see how the journey has unfolded in these pages as they developed and tested their conclusions along the way.

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“Survival of the Fattest” in January 2010 looked at the secular decline in return on assets among US public companies, observing that middling performers were bulking up while poor performers were being punished more than ever and top performers were doing better than ever. That observation validated the relevance of their project: If superior performance is more difficult to achieve and more rewarding than in the past, understanding its underlying causes is insight worth having.

Of course, Ahmed and Raynor are not the first to tackle this problem, as they acknowledged in “Rank Ignorance” (January 2011). Much popular business research lionizes companies that are merely salient, confusing popularity for meaningful economic performance. Statistical rigor is indispensable when separating the skilled from the lucky and picking out truly high-performing companies.

The notion of trade-offs has featured prominently in their work. As anyone who’s ever had Michael as a dining companion can attest, there’s no such thing as a free lunch. “It’s a Mad, Mad, Mad, Mad World” in July 2010 explored the risk/return trade-off in pursuit of superior performance, and “Growth’s Triple Crown,” in July 2011 examined trade-offs among profitability, growth, and shareholder returns.

Over the last three issues of Deloitte Review, Mumtaz and Michael shifted gears, moving from population-level analysis to the careful excavation of specific case studies. “To Thine Own Self Be True” in January 2012 examined the promise and peril of strategic change; “Pulling Ahead vs. Catching Up” in July 2012 looked at how individual companies made difficult choices in the pursuit of sustained excellence, and “The Profit Parfait” in January 2013 revealed the underlying structure of superior, long-term profitability and how to build business models that deliver it.

The three rules they identified to describe the primary determinants of superior long-term performance are:

1) Better before cheaper: Don’t compete on price, compete on value.
2) Revenue before cost: Don’t drive profits by cutting cost, instead find ways to earn higher prices or higher volume.
3) There are no other rules: View all your other choices through the lens of the first two rules.

Where to from here? The research to this point has used US-based companies exclusively. The authors are pushing ahead to explore the frequency and nature of exceptional performance in non-US markets and have so far completed preliminary analysis on (in alphabetical order) Australia, France, Germany, India, Japan,
Korea, Malaysia, Switzerland, and the United Kingdom. The questions they hope to address are only beginning to emerge but include determining whether and in what ways the three rules that seem so powerful in the American experience apply in other markets, or if an entirely different rulebook is required. We will publish the first installment in the January 2014 issue of Deloitte Review.

THERE ARE NO OTHER RULES

It might seem somewhat precious to posit “there are no other rules” as our third rule, but we feel it serves two important purposes. First, it is our admission that we were unable to find any other meaningful patterns in the behaviors of our case study companies that were associated with differences in performance. We cannot prove a negative, but in what follows we will explore at greater length why we dismissed such perennial favorites as M&A or diversification as systematic drivers of performance. The irretrievably idiosyncratic and contingent nature of how these and many other behaviors contribute to performance led us to conclude that exceptional companies all have the same recipe (better before cheaper, revenue before cost) but use different ingredients.

Second, in addition to creating superior levels of performance, exceptional companies deliver superior levels of performance for longer than anyone has a right to expect. It seems worth exploring, then, if and how exceptional companies adapt. Is exceptional performance a function of deep moats and thick ramparts, or does it require agility and flexibility to cope with competitors’ attempts to imitate a winning formula, or with the technological, regulatory, or other environmental changes that can render onetime advantages useless, or even turn them into liabilities?

We found that not only were there no patterns between companies from different performance categories, there were no patterns across time within individual companies. So not only did Miracle Workers and Average Joes show no differences in their appetites for M&A, but individual Miracle Workers were just as likely to adopt M&A as to abandon it over time. In short, what mattered when assessing how a behavior affected performance was not
the behavior or even its implementation, but the contribution made to a company’s adherence to or deviation from the first two rules. Where Lost It Miracle Workers typically changed in ways that violated the rules, Found It Miracle Workers became more aligned with the rules. Most revealing, Kept It Miracle Workers often showed evidence of the greatest degree of change in their specific behaviors, but always in the service of remaining in alignment with the rules. We conclude from this that exceptional performance demands an ability to change in order to stay the same.

**SAME RECIPE, DIFFERENT INGREDIENTS**

We shared with you in chapter 1 some of the frustrations born of our search for patterns in behavior at the level of relatively specific activities, many of which are the subject of ongoing and extensive research and often feature prominently on managerial agendas. Take, for example, mergers and acquisitions. The conventional wisdom has crystallized into “buyer beware,” which is certainly not bad advice but not particularly helpful. (When would one ever think it is good not to beware?) Research on the topic is largely consistent with this view, observing that acquirers, on average, earn about the going rate of return on their investments but are subject to wide variation, sometimes doing very well, sometimes spectacularly poorly.¹

Unfortunately, the demonstrated riskiness of deals is not reason enough to eschew them. Mergers and acquisitions are critical to many initiatives that can be essential to a company’s success and even its survival, from gaining access to new technologies to international expansion to competitive preemption to creating strategic options. Consequently, the question is not “Does M&A help?” but “Given my circumstances, and given the details of this deal, is this particular acquisition the best mechanism for achieving my goals as I understand them now, and how can I employ it most effectively?” Since circumstances and goals vary widely from company to company, and within a particular company over time, it comes as no surprise that evidence of a first-order relationship between M&A and performance is weak and elusive.

In our sample we saw Miracle Workers and Long Runners doing no deals (Linear and Micropac in semiconductors) and using M&A to transform themselves (Medtronic and Stryker in medical devices), nearly driving themselves to ruin (T&B in electrical wiring), and attempting to reverse a long-term decline (Finish Line and Weis). The deals that worked were in accord with the rules. The ones that didn’t, weren’t.

The relationship between business line diversification and performance is only slightly less ambiguous, despite the recurring finding that companies with more
business units do worse than those with fewer. As with M&A and much else, an “on average” result hides as much as it reveals. For example, consider a company that has found a highly profitable but slow-growing niche. This company might see opportunities in an adjacent market that are less profitable than its current business, but such diversification can still make perfect sense if those new opportunities are profitable enough. Diversification therefore lowers the company’s performance, yet still makes good economic sense.

This was arguably the dilemma that faced A&F: its core business was rapidly filling its niche in the retail landscape, yet new opportunities were not as profitable. Part of what makes our research helpful is that it differentiates between declines in absolute and relative profitability. Where more conventional research approaches would see only a negative relationship between diversification and profitability in A&F’s chosen path, we see its diversification as making a key contribution to exceptional performance by extending the run of 9th-decile results even as absolute profitability declined.

Also running counter to expectations, we saw focus associated with mediocre performance: International Rectifier abandoned medical devices and pharmaceuticals to concentrate its efforts on semiconductors, yet its performance only deteriorated. We therefore conclude that focus is not what matters. Better before cheaper and revenue before cost are what matters, and it was along these fronts that IR failed to distinguish itself.

Vertical integration is another type of diversification that has multiple determinants and wide variation in outcomes. For example, in nineteenth-century America several major manufacturing companies expanded into distribution in order to compensate for the inadequate capabilities of the “jobber”-based channels of the day. More recently, the rise of highly diversified business groups in emerging economies such as China and India has been seen as a response to all manner of “missing markets” for inputs in everything from capital to labor. Theoretical models show that vertical integration can serve both nonprice and cost-based competitive positions. Empirical investigations have shown in a variety of contexts that vertical integration can be profitable or unprofitable and that changes in degree of vertical integration in either direction can improve performance. In an attempt to reconcile these findings, there have been repeated efforts to define relevant contingencies that might guide us in determining when vertical integration makes sense and when it does not. But here, too, there are credible competing views. For example, some argue that vertical integration is an effective way to cope with uncertainty while others hold that uncertainty undermines its effectiveness.

In our sample, A&F’s vertical integration was a way to create a more responsive supply chain, which was central to its nonprice competitive position. Weis, in
contrast, vertically integrated in the service of its lower-cost, lower-price private-label strategy. Both companies enjoyed notable success, but A&F has seemed able to renew its performance through continued commitment to the first two rules where Weis seems less likely to recapture its past glory.

Additionally, business line diversification can sometimes be not a cause of poor performance but instead a consequence.\textsuperscript{10} Weis did not diversify into pet supplies until after the performance of its core grocery business had deteriorated significantly. The same can be said of Finish Line’s ill-fated expansion into hip-hop fashion with its Man Alive franchise.

A form of diversification that seems to have a less ambiguous relationship with performance is international expansion. Several studies have found consistent and positive relationships, suggesting that going abroad is a good idea, and especially so for companies with diverse product portfolios.\textsuperscript{11} Our sample seems largely consistent with these findings, for although internationalization was a drag on Hubbell’s profitability, it seems to have helped Thomas & Betts and was central to success for Wrigley and Merck while the lack of a global footprint seems to have been part of Maytag’s decline.

In light of these contradictory, or at least highly nuanced, findings on these and other dimensions of behavior, we felt it made sense to explore whether our case study data showed evidence of any consistent patterns. Appendix J, “Behavioral Differences by Pair-Wise Comparison,” shows the differences for all twenty-seven pair-wise comparisons across five behaviors. Sometimes Miracle Workers do more M&A, sometimes less, and on average there is no real difference. Sometimes Miracle Workers are more diversified, sometimes less, and on average there is no real difference. We reached similar conclusions for Miracle Worker–Average Joe and Long Runner–Average Joe comparisons. The absence of any compelling patterns for these or other behaviors we were able to analyze led us to believe that anything goes. We could find no other behaviors where the contingencies did not swamp the prescriptions, and so the third rule is there are no other rules.

The absence of any rules beyond the first two has important implications for how exceptional companies adapt. As with questions of position (better before cheaper) and profitability (revenue before cost), whether exceptional companies change over time is an empirical matter. It could have been that exceptional performance is typically achieved through relative intransigence: Find a winning formula and stick with it. Eventually it will be overtaken by events or the competition, but
little matter; nothing lasts forever. On the other hand, superior performers might be characterized by change. In this case, we would like to know if there are any guiding principles that might help determine when and what to change.

We found that, just as the specific recipes for exceptional performance were unique to each Miracle Worker, the nature of the changes each employed in order to create or sustain its exceptional performance defied meaningful generalization. There was neither a small, consistent subset of activities that responded to competitive or environmental shifts, nor did “everything” have to be reinvented. About all that seemed to matter was the first two rules.

DEFYING GRAVITY

The eighteenth-century philosopher Immanuel Kant (a contemporary of David Hume's) formulated a “categorical imperative” that, he argued, should be the basis of all human action: Act only according to that maxim whereby you can, at the same time, will that it should become a universal law without contradiction. Lying, for example, is immoral because if everyone lied, language would cease to have meaning and communication would become impossible—thereby making lies impossible as well.

There is a case to be made that success studies, as a class, founder on the shoals of Kant’s principle. Success studies seek to provide advice on how to improve your relative performance, that is, on how to do better than the competition. This is very different from the sort of advice that seeks to help you improve compared with your own historical performance. A successful cost-cutting initiative will reduce your costs compared with what they were. That says nothing, however, about how your costs will compare with those of your competitors. If they are pursuing the same initiative equally successfully, and so reducing their costs at the same rate you are, you might improve compared with yourself but end up exactly where you started compared with them. It is this phenomenon that gives rise to the Red Queen effect, referred to in chapter 3, of having to run just to stand still.

Consequently, advice on how to compete successfully is subject to an irony that borders on paradox. If the advice is right, then it will be universally adopted; if it is universally adopted, it does not improve your relative performance; if it does not improve your relative performance, it is wrong. In other words, if the advice is right, then the advice is wrong.

Although true, this criticism is overstated because it is based on the notion that success studies seek the secrets of eternal dominance. Certainly this one does not. Our objective is to make it possible to do better for longer than one otherwise would.
We think of it this way. Glider pilots, like all airplane pilots, know the expression “takeoffs are optional; landings are mandatory.” It means that no matter how high, fast, or far you fly, you are going to come back down. Gravity always wins.

The same can be said of corporate performance. The only certainty for any company doing well is that eventually it will be doing worse. Every company that has ever soared has or will eventually become entirely average—or worse. Although you might not be able to predict precisely what will bring down any given high flier, it is a sure thing that something will.

Sometimes greatness erodes because of internal failings: Inertia born of complacency might lead you to resist obvious and necessary changes; or entropy born of hubris might dilute your focus on key customers or markets. Sometimes external forces undermine performance: Competitors, spurred on by your success, emulate your behaviors or even improve on your original insights, leaving you with no advantage at all; changes in customer preferences or regulatory or legislative constraints can render historical strengths irrelevant or even turn them into encumbrances. Whatever the proximate cause, just as no glider can stay aloft forever, no company can remain on top eternally.

This unfortunate fact of corporate life imposes an upper bound on the extent of the claims one can hope to make about the drivers of long-term, superior profitability. No advice can come with a credible promise of perpetual superiority. It might be theoretically possible for a corporation to deliver endlessly standout profitability, but as an empirical matter, we lack even an existence proof, never mind the sort of sample that might make possible the inference of general principles.

We have concluded, however, that even if defeating gravity is impossible, we can realistically hope to defy it. Despite the inevitability of a return to earth, some glider pilots do fly higher, faster, and farther than others. Using the same equipment in the same circumstances, some pilots—the exceptional ones—remain airborne far longer, soar far higher, and travel far greater distances than others. For these pilots, gliding is not a passive experience. They understand their aircraft, the conditions, and themselves and use that understanding to find lift where others find only the void, to achieve just the right angle of attack, or to exploit the paradox of diving earthward to generate lift and head skyward again. Even exceptional pilots must land—but not until long after the rest of us.

Similarly, some companies are exceptional. They are able, for a time—and occasionally for a long time—to overcome inertia, resist entropy, and adapt to competitive or environmental changes. They create better performance and sustain it for far longer than anyone has a right to expect. Nothing lasts forever, but then, that is not the goal. The objective is to deliver the best possible performance for as long as possible.
Every glider lands eventually. But how long it stays up, how far it flies, and the heights it reaches are all profoundly affected by the pilot’s choices. It is our belief that by consciously adopting the three rules—better before cheaper, revenue before cost, and there are no other rules—you can reasonably hope to deny gravity its due for just that much longer. DR

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Endnotes


12. Immanuel Kant, Grounding for the Metaphysics of Morals, 3rd ed. (1785), transl. James W. Ellington (Hackett, 1996), 30. As philosophical principles go, this one has had a pretty good run. As you might expect, it is not without its critics, but it has resisted any credible reformulations until only very recently; and even here the conversations are just beginning: you cannot expect a principle that has held its ground for more than two hundred years to topple over in a relative instant. See Derek Parfit, On What Matters (New York: Oxford University Press, 2011).