Key insights

In 2020...

- There were 445,087 Australians living with stroke.
- An estimated 27,428 Australians will experience stroke for the first time in their lives.
- One stroke occurs every 19 minutes.
- Although there is a greater risk of stroke if you are older, almost 24% of strokes happen in people younger than 54 years.
- 8,703 people died from stroke.

The impacts of stroke are far reaching:

- Almost 70,000 people were hospitalised, costing the health system $714 million.
- The productivity losses due to stroke total $1.4 billion for those aged 54 years and younger, compared to $1.5 billion for 55 years and over.
- Informal carers provided 39.7 million hours of care to survivors of stroke.
- Survivors of stroke lose an average of 3.8 full-time weeks of work each year due to stroke.
- 37% of people living with the effects of stroke require support with everyday activities of living.

Stroke costs...

- Individuals and their families: $1.93 billion.
- Employers: $427 million.
- Society and community: $1.02 billion.
- Governments: $2.83 billion.

The most devastating cost is borne by survivors of stroke: $26 billion in lost wellbeing due to long-term disability and premature death.

Stroke can be prevented, and it can be treated. Achieving realistic benchmarks can improve wellbeing and avoid economic costs with savings estimated to be...

- $1.2 billion by improving access and timeliness to treatment.
- $1.3 billion by reducing uncontrolled hypertension in Australia.
- $45 million by increasing anti-hypertensives prescription on discharge from hospital to prevent recurrent stroke.
Key insights

In 2020...

An estimated 27,428 Australians will experience stroke for the first time in their lives.

One stroke occurs every 19 minutes.

14% in 2012 and 24% in 2020. Share of new strokes among people 54 years and under has increased.

Regional Australians are 17% more likely to suffer a stroke than those in metropolitan areas.

South Australia and Tasmania had the highest number of people experiencing stroke for the first time on a per capita basis.

Australia’s stroke hotspot is Cowper, New South Wales. This is followed by Barker and Adelaide in South Australia.

The number of strokes and Australians living with stroke is expected to grow...

<table>
<thead>
<tr>
<th></th>
<th>2020</th>
<th>2050</th>
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<tbody>
<tr>
<td>Australians living with stroke</td>
<td>445,087</td>
<td>819,900</td>
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<td>First-ever strokes each year</td>
<td>27,428</td>
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