



## Resilient Podcast Series

### There is magic in resilience. When performance arts meets medicine.

#### Host:

**Bill Marquard**, Managing Director, Monitor Deloitte

#### Guest:

**Will Houstoun**, PhD, Performer, Imperial College London/Royal College of Music Centre for Performance Science

**Bill Marquard:** Welcome to Resilient. I'm Bill Marquard, a managing director with Monitor Deloitte and host of Becoming Resilient. During this series we explore the connections that wide-ranging topics have to business issues and bring you insight from others in their own journeys to becoming resilient.

For example, what can magic teach us about resilience?

Today's guest is Dr. Will Houstoun, a performer-in-residence at the Medical School of Imperial College London. He helps physicians-in-training to develop better doctor-patient interactions from his own experience as a magician performing for

audiences. Will is a PhD and a lead magician also for Breathe Arts Health Research, a London-based nonprofit. He uses magic to help young people with brain injuries develop function, cognitive abilities, self-confidence, and independence.

**Will Houstoun:** Magic is fundamentally about assumptions. The real power in magic, I think, is that it proves we tend to not think we're making all of these assumptions. Magic's that little reminder that you are making assumptions all of the time. And there are plenty of medical practitioners who would think learning magic tricks as part of medical school is a bit wacky, but when people get it, they really seem to get it. Approaching things with that

openness and looking for connection rather than looking for difference seems to be a better way forward.

**Bill Marquard:** I hope you enjoyed this preview. Listen to the full episode on your favorite podcast app. We're on Apple Podcasts, SoundCloud, Stitcher, Amazon Music, Spotify, or wherever you go to get your podcasts. If you're curious about how other leaders are navigating their own paths to becoming resilient, I encourage you to visit our Global Resilience Hub at [deloitte.com/resilience](https://deloitte.com/resilience)

Until next time, stay curious, find the connections, and continue your journey of Becoming Resilient.

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