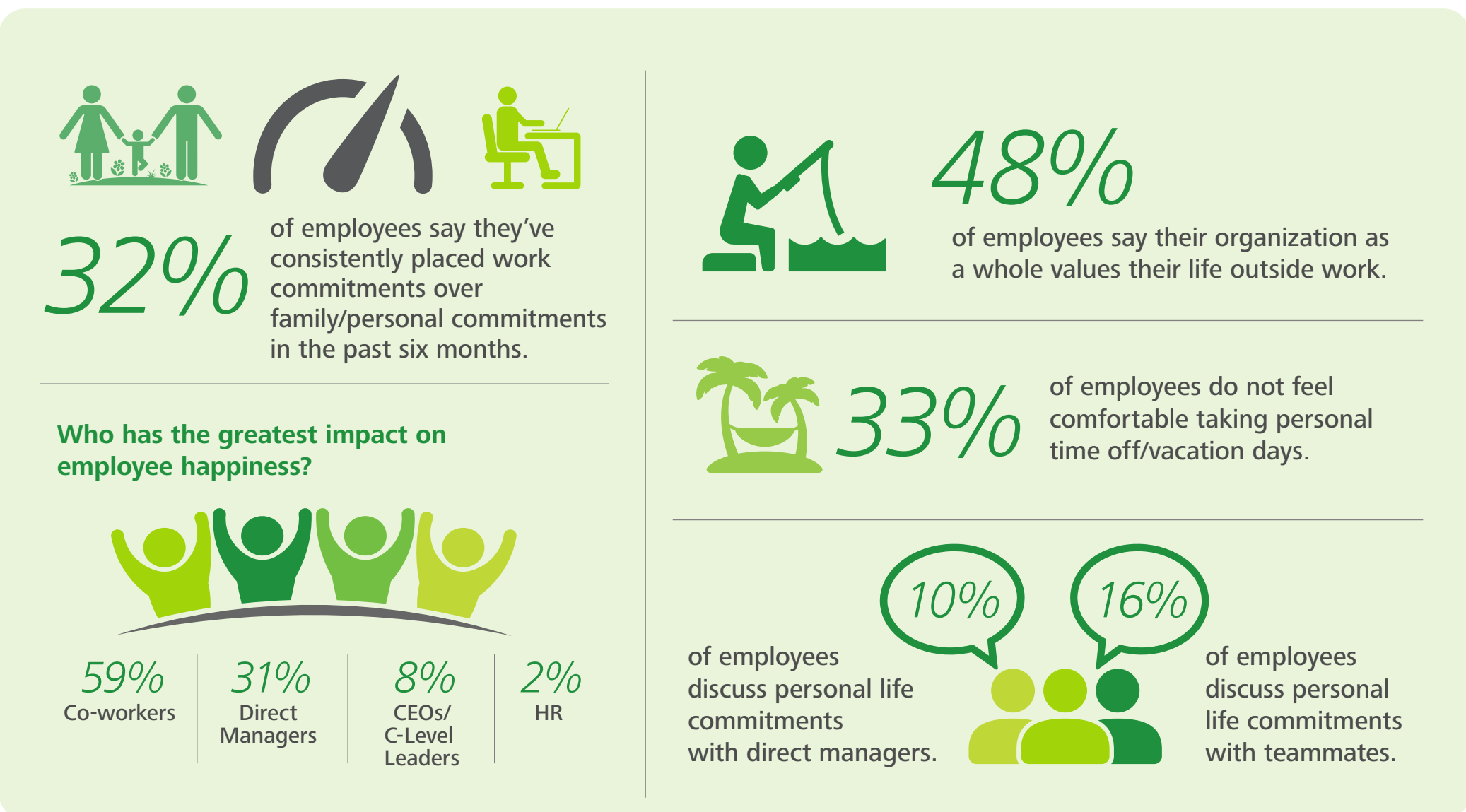


# The well-being pulse survey

Deloitte conducted a public survey of more than 1,000 full-time employed adults to understand what challenges people face when it comes to well-being and how organizations can do a better job of addressing these challenges.



## Millennial perspectives



Millennials were more likely than other generations to report that in the last six months they consistently placed work commitments over family/personal commitments.

**36% vs 27%** Gen Xer's



Millennials were more likely to report that knowing more about their CEO's experiences in managing work and life would have a positive impact on their feelings about their workplace.

**53% vs 28%** Gen Xer's **39%** Boomer

Millennials were more likely than other groups to say if they saw their peers, managers and senior leadership, and CEO prioritizing a personal commitment over work they would feel more comfortable doing the same.

	Peers	Managers	Senior Leadership	CEO
Millennials	44%	46%	45%	42%
Gen Xer's	32%	36%	35%	34%
Boomers	29%	32%	34%	31%

## Gender insights



**35%** **27%**

More men than women reported that in the past six months they consistently placed work commitments over family/personal commitments.



Men were more likely to "strongly agree" that they wished their CEO and company leaders were more open and honest about their experiences and challenges to balance work/life.

**20% vs 13%**

**53%**



More women than men report that they discuss their personal life commitments at work with their teammates.

**43%**

