



Breakthrough by Design podcast series

Breakthrough Bravery: Challenging the status quo with Pieter Du Preez

How celebrating small wins can lead to breakthrough

Host:

Kim Christfort, Chief Innovation Leader, Deloitte Greenhouse®

Guest:

Pieter Du Preez, Paralympic gold medalist and Manager, Deloitte South Africa

Kim Christfort: The real magic of breakthrough thinking happens when you challenge the status quo, push your thinking and check the edge of your own capabilities and potential.

Pieter Du Preez: "When my accident happened, everybody was focused on everything I suddenly didn't have and that all my dreams were shattered. Everybody's now looking at me and this creates an opportunity for me to be great, to turn this bad thing into something great."

Kim Christfort: That was Pieter Du Preez, Paralympic gold medalist, seven-time winner of the Berlin Marathon, and the first athlete with C6 quadriplegia to complete an Ironman triathlon. I'm proud to say Pieter is also my Deloitte colleague, as an Actuarial Manager in Deloitte South Africa. He's here today to share how he's checked his edge and demonstrated resilience, purpose and impact through sport.

I'm Kim Christfort, Chief Innovation Leader for Executive Accelerators and the Deloitte Greenhouse. You're listening to Breakthrough by Design where we chat with a diverse array of guests, from scientists to CEOs, academics to athletes, exploring what it takes to get to breakthrough.

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