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A conversation on blowing up best practices

Detonate—Why and How Corporations Must Blow Up Best Practices (And Bring A Beginner's Mind) To Survive, was published in 2018 (Wiley). Bob Lamm, independent senior advisor to Deloitte's Center for Board Effectiveness, recently sat down with one of its authors, Geoff Tuff, a Deloitte Consulting LLP principal and senior leader in the Innovation and Applied Design Practice, to address key concepts and practical approaches outlined in the book.

Why do best practices need to be blown up?

The term "best practices" suggests that one size fits all, and that there's one way (or a limited number of ways) of doing something. In fact, what works best for one company may not be best or even viable for another; there are just too many variables involved. If everyone follows a best practice, the practice is no longer "best." It is, by definition, average.

The term "best practices" also assumes that when something works once for a company, it will keep working for that company indefinitely—in other words, it assumes that nothing will change, which we know is not true. And increasingly, in a world that is exponentially changing, doing the things that were successful in times of linear change can create significant exposure to risk and disruption.

This suggests that best practices are merely mediocre. And doing things in a mediocre way is a good recipe for becoming irrelevant in any highly competitive market.

What do you really mean by "blowing up best practices?"

Of course, we don't mean literally blowing something up or even figuratively causing mass disruption of business systems. As we'll discuss later on, we chose the word "detonate" as our title to [▶](#)



connote a controlled demolition of a selected process within a selected part of the company with some very clear safety measures in place. Blowing up best practices really means challenging convention, and doing things differently from what's made you successful in the past and from what others are doing.

Your book notes that the fear of doing things differently may be genetic. For example, we've been programmed to believe that the one who strays from the pack is the likeliest to be caught and eaten. So even those who agree that best practices need to be blown up may find it difficult to go rogue. How can this fear be overcome?

Going rogue doesn't have to be a radical departure from what you've done in the past. To put it in the genetic context you've mentioned, you don't need to break from the pack and make a beeline for the lion's mouth. Rather, you can make what the book calls "minimally viable moves." Wander a few steps from the pack and then assess the situation. If it looks like a better route, wander a few more. But if it doesn't, correct your course and try a different route. The key is to move as quickly as possible to take a small step, assess, and then take another step, never exposing yourself to undue risk. In reality, there are many things you can change without taking bet-the-company risks, be they economic, reputational, or otherwise.

Two of the concepts you discuss early in the book are the "beginner's mind" and "embracing impermanence." Can you explain what you mean by these terms and how they can help companies?

The term "beginner's mind" is taken from the Zen Buddhist concept that in the beginner's mind there are many options, while in the expert's mind there are few. The beginner's mind understands that with change happening as rapidly as it is, we can't presume that factors playing into a decision are the same ones that played into a decision in the past. If you bring a beginner's mind to a choice or a decision, then you are purposely ignoring mental shortcuts that come naturally with expertise. Instead, you are looking at the situation as a novice would, considering all possible options and likely stumbling upon new ways of thinking in the process.

"Embracing impermanence" is a mindset you often see in entrepreneurs who don't presume that they'll be around forever or that the ways they're doing things are the ways in which they'll always work. The opposite is true in most scaled, successful companies, prevailing wisdom would suggest a rock-solid and unshakeable foundation which will stand the test of time. The data suggests otherwise. In the mid-part of the last century, the average time that a company would spend on the S&P 500 list was over 60 years. Today, it's under 20 and continuing to fall.¹ The erstwhile concept of lifetime employment is practically nonexistent. One way that some companies

embrace impermanence is to think of a workforce as a group of constantly reconfiguring teams. Rather than declaring roles and team constructs that are set in stone, they have constantly updated skills categories from which they choose people for fit-for-purpose teams that are dissolved as soon as their useful purpose expires.

How do boards of directors fit into your approach? Boards are often comprised of people who have been successful for long periods of time. Aren't they more prone to think that "their way is the best way" and be resistant to blowing up best practices—or at least their best practices?

First, don't underestimate the people on boards who have been successful for many years. There's a good chance that they succeeded—and were chosen for their board roles—because they did not accept the rote applications of someone else's playbook. If they can see their own successes through this lens, one would like to think they will be more likely to encourage others to challenge convention as well.

And the concepts we discuss throughout the book also apply to directors, such as the criticality of bringing a "beginner's mind." At least one of the roles of effective board members is to increase optionality for the companies they govern and to understand that with change happening as quickly as it is, it's unwise to presume that the factors affecting a decision are the same ones that affected decision making in the past. Opening up the aperture of opportunity by encouraging a beginner's mind is one way of achieving these goals.

Another concept most relevant to boards is the value of focusing on human behavior. Many companies become distracted from their core mission by all the policies and procedures that they have put in place to "follow the established rules." We still believe that the most fundamental economic unit of analysis for any company is human behavior. Said differently, performance curves don't shift from steady state unless someone, somewhere changes his or her behavior. That person could be just about anyone: a customer, a supplier, a line worker, a regulator, etc. A simple but effective role a board member can play is to push management on "what behavior are we trying to drive and are we being as efficient as we possibly can be in executing on that?"

Your book stresses the importance of changing behavior. Any thoughts on how to get a board to change its behavior?

One of the most critical first steps is to ensure that board members feel a sense of urgency regarding the speed of change. If you come up against a director who resists changing behavior, one approach is simply to get him or her to look around. Both nature and our material world offer proof of exponential change. You don't find too many people questioning Moore's law when it comes to charting the exponential increase in computing power. Take out your smartphone and ask the director whether five years ago she could possibly have predicted all the ways in which we use our smartphones. ➤

1. Sources: Richard N. Foster, "Creative Disruption Whips through Corporate America," Standard & Poor's, Winter 2012; "Disruptive Forces in Europe: A Primer," Credit Suisse Equity Research, August 24, 2017.

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