



In this episode of the Resilient podcast, [Teresa Tonthat, assistant vice president of IT & CISO of Texas Children’s Hospital](#), sits down with Resilient cyber series host, Deb Golden, to discuss the importance of cyber-business empathy—and how she’s balancing needs to ensure the availability, reliability, and security necessary to protect the foundation

Deb Golden: When people talk about cyber risk, so much comes to mind: digital identity, the cloud, Internet of Things, securing data, DevSecOps, regulatory requirements... the lists go on and on. But the challenge many often forget is the people component of cyber.

Believe it or not, we are the biggest risk. As we’ve seen all too many times in the news, all it takes is one click or one small misstep to put an entire organization at risk. So what does it take to arm your organization from the leadership level down with the tools to protect your crown jewels? How can organizations minimize the people risk? Welcome to the *Resilient* podcast, where we feature resilient leaders, real insights, and unfiltered stories. My name is Deb Golden, and I’m the US leader of Deloitte Advisory’s Cyber Risk Services practice. Today I’m with Teresa Tonthat, assistant vice president of IT and CISO for Texas Children’s. Teresa is an incredible leader tackling cyber in such a complicated industry. In our conversation, she sheds light onto the challenge of creating security awareness through an organization and how important it is to balance cybersecurity.

Teresa Tonthat: No matter what, we have to take care of our core, right? And when I talk about my core, that’s really IT projects on IT. So think about the house and the foundation. If we don’t have availability, reliability, and security of our house, and we keep putting these new business requirements and applications on top of it, it’s not going to meet the objectives of the organization, because it could go down.

Deb Golden: As she puts it, she’s always on her toes, both at home, with ballet, and in the world of cyber. I think you’ll also find it inspiring how involved her leadership team is in their cybersecurity program and how Teresa is working to elevate her team in cyber throughout the organization, both within the business and within technology. I have so much respect for Teresa and her leadership style. She

really cares about her people and relationships and is focused on creating an open and transparent security organization. Learn more by listening to the full episode on your favorite podcast channel and subscribe to our mailing list to stay informed on future episodes, and while you're here, I encourage you to tune into my other episodes with brilliant cyber leaders. Thanks as always for listening.

[End of audio]

This document contains general information only and Deloitte Risk & Financial Advisory is not, by means of this document, rendering accounting, business, financial, investment, legal, tax, or other professional advice or services. This document is not a substitute for such professional advice or services, nor should it be used as a basis for any decision or action that may affect your business. Before making any decision or taking any action that may affect your business, you should consult a qualified professional adviser. Deloitte Risk and Financial Advisory shall not be responsible for any loss sustained by any person who relies on this document.

As used in this document, "Deloitte Risk and Financial Advisory" means Deloitte & Touche LLP, which provides audit and enterprise risk services; Deloitte Financial Advisory Services LLP, which provides forensic, dispute, and other consulting services; and its affiliate, Deloitte Transactions and Business Analytics LLP, which provides a wide range of advisory and analytics services. Deloitte Transactions and Business Analytics LLP is not a certified public accounting firm. These entities are separate subsidiaries of Deloitte LLP. Please see www.deloitte.com/us/about for a detailed description of the legal structure of Deloitte LLP and its subsidiaries. Certain services may not be available to attest clients under the rules and regulations of public accounting.

Copyright © 2020 Deloitte Development LLC. All rights reserved