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Adding advantage in every experience



FROM GETTING BY TO FLOURISHING

Business Energy Labs



With so much volatility and complexity facing organisations and their people today, merely “functioning well” may no longer be enough for organisations to stay ahead of the pack.

Your team – and your business – is made up of people. Unlocking their energy, engagement and full potential is critical for business success and a unique competitive advantage.

Organisations start-up and mature; their teams storm and perform. Yet many of their people feel that they are simply getting by from day to day, instead of flourishing. In flourishing organisations, individual and team goals are tied to a larger purpose. It creates a culture where people take responsibility for themselves and organisations get to nurture, grow - and keep! – their most talented people.



A SAMPLE DAY IN THE LAB

The Lab focuses on teaching and practicing the key elements required for a flourishing organisation, including psychological capital; purpose and meaning at work; work engagement; self-determination; emotional well-being; positive relationships, institutional practices and positive leadership.

- 1. Understand what it means to be a positive organisation.**
Identify and explore emotions, actions, processes and practices that grow or destroy positive organisations.
- 2. Explore your specific organisational needs around resilience and positivity.**
Scan your organisation and recognise actions, processes and practices that could be developed, improved or eliminated.
- 3. Deep dive from getting by to flourishing.**
Build out a deeper understanding of individuals and teams, and develop strategies to move from getting by well to flourishing.
- 4. Action plans.**
Develop tactical individual and team approaches for flourishing.
- 5. The way forward.**
Draft your organisation’s road map to flourishing.



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